

Program	Age and contact information	Services
Parenting support services Helps parents develop the knowledge, skills, and confidence to meet their needs by providing parenting support	Prenatal to 4.5 years 612-348-TOTS (8687)	<ul style="list-style-type: none"> • Education on how to care for and interact with your baby • Information about child growth and development • Connections to other community resources • Home visiting may last as long as four years
Parent Support Outreach Project Early intervention and prevention services to reduce risk factors and increase child well-being	Pregnant women or parents with a child under age 10 612-543-5390	<ul style="list-style-type: none"> • Assist with medical needs, mental health resources, addiction • Parenting help • Basic needs • Safety from violence at home • Employment resources • Academic success • For more info and to enroll online: www.hennepin.us/parentsupport
Public Health nurse home visit Family Health Care for targeted families to promote healthy birth outcomes, safe environments, family self-sufficiency, and child growth and development	Prenatal and families with young children 612-617-4600 MVNA	<ul style="list-style-type: none"> • Parenting support and connections to community resources • Education regarding child health, safety and development • Chronic disease management • Services for children with special needs and other medical conditions
Think Small Information, tools, and knowledge to help identify care and early education options	Birth to age 5 years 651-641-0305	<ul style="list-style-type: none"> • Parent powered texts • Early learning scholarships • Debra S. Fish. Early Childhood Resource Library • For more info visit www.thinksmall.org
WIC (Women, Infant and Children Nutrition Program) Nutrition program for pregnant and postpartum women, and young children	Pregnant and postpartum women; children birth to age 5 612-348-6100	<ul style="list-style-type: none"> • Healthy eating counseling and advice • Providing monthly vouchers for healthy foods • Breastfeeding support

For more information about any of these services

www.hennepin.us/residents/health-medical/early-childhood-intervention-services

call 612-348-4111 or 612-348-TOTS (8687)

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20200515



Hennepin County Childhood Resources



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Baby Tracks An immunization education resource that partners with hospitals, clinics and community agencies to help improve immunization rates	Birth through age 2 612-348-6087	<ul style="list-style-type: none"> • Answers to parent immunization questions from bilingual staff • Postcard reminders and help in finding clinics for immunizations • Case management when families need help with immunizations • Referrals to community agencies for other needed assistance
Child & Teen Checkups (C&TC) Preventative health care for families on Medical Assistance	Birth through age 20 612-348-5131	<ul style="list-style-type: none"> • Bilingual staff • Scheduling medical and dental appointments • Help in finding medical or dental providers • Arranging transportation and interpreter services • Connecting families with other community resources
Child crisis team Mobile and telephone help to families dealing with a mental health crisis	Children 17 and younger in crisis 612-348-2233	<ul style="list-style-type: none"> • Mental health risk assessments • Resources, referrals and strategies to keep children safe at home
Children's mental health services Support for children with a mental health diagnosis that qualifies as a severe emotional disturbance	Children through age 18 with applicable diagnosis 612-348-4111	<ul style="list-style-type: none"> • Obtaining and coordinating therapeutic and supportive mental health services • Mental health case management services
Child Access Social work assistance for families of children with special needs	All ages 612-348-4111	<ul style="list-style-type: none"> • Assessments for access to services from county or community resources • Assistance with financial resources such as Social Security Income, Medical Assistance/TEFRA and waivers/grants • Short-term case management services
Helping Us Grow Home visits, one-on-one time with a licensed early childhood family education specialist and group literacy events	Prenatal to 36 months 763-504-5983	<ul style="list-style-type: none"> • Current information on parenting and brain-based learning • Opportunities to connect with other parents and families with newborns from your own community • Connections to additional home visiting programs and other community resources • Diaper Bank of MN partner • A "Welcome New Baby" gift ... and much more!
The Family Partnership: Parenting For The Future Parenting program for parents who have cognitive limitations	Parenting at least one child under age 5 763-521-3477	<ul style="list-style-type: none"> • Classroom instruction four hours, two days per week • Home visiting tailored to family needs • Childcare and early child education • Transportation for parent and children
Follow Along Program Supports parent's/guardian's understanding and tracking of their child's ongoing early growth and development	Birth to 3 years (up to age 5 by referral) 612-348-5624	<ul style="list-style-type: none"> • Monitors ongoing growth and learning through a series of questionnaires provided every 3-4 months • Share age-appropriate activity ideas and resources • Provides follow-up, support, and referrals to services as needed • For more info and to enroll online: health.state.mn.us/mnfap
Help Me Grow Intakes referrals to identify and provide service to children with development and learning delays	Birth to 5 years 1-866-693-4769	<ul style="list-style-type: none"> • Connects family of child to local school district early intervention specialists for free screening and/or evaluation • If eligible, local school district provides free special instruction by early childhood teacher, speech, physical and/or occupational therapists • Assistance connecting with community services/programs • Provides online early childhood development information and resources by age • For more information visit helpmegrowmn.org
MFIP Teen Service – Teen HOPE (Minnesota Family Investment Program) Support for teen parents as they work to complete education and/or get a job	Teen parents 612-617-4600 MVNA	<ul style="list-style-type: none"> • Monthly visits from a public health nurse for parenting support and connections to community resources • Helping teen parents find work and/or get more education