

MENTAL HEALTH RESOURCES

Hennepin County has a wealth of voluntary and free services to offer individuals and families in distress due to mental illness and/or chemical dependency challenges.

The Front Door is a referral source for all relevant Hennepin County programs.

- Helps people access available home and community-based services and possible funding sources so they can remain in their home longer and prevent or delay institutional care.
- May include referrals and information on getting help to stay in your home, getting supportive services in the community, seeking services for a child, and helping adults maintain their mental and social well being.
- Contact: 612-348-4111 or socialservices@hennepin.us

Cope is a 24/7 Mobile Crisis Team that is available to anyone in Hennepin County

- Is an alternative to calling 911 if you or someone you know is experiencing a crisis.
- Has a stabilization team that provides short-term therapeutic support and connects to ongoing/long-term services and supports
- Services are provided in person or through telehealth using phone or video
- Bilingual/bicultural staff are available to meet the community's needs.
- Free for residents of Hennepin County.
- Call 612-596-1223 for all ages

The Behavioral Crisis Response is a mental health emergency response unit that works within the City of Minneapolis.

- Responds to 911 calls related to mental health, as an alternative to a police response. Emphasizes cultural responsiveness, and focuses on recruiting individuals who are connected to the Minneapolis community and share cultures/identities with the community members they serve.
- Free service.

Professionals from these agencies will briefly describe their programs and be open to questions.



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Behavioral Health Center at 1800 Chicago

- Walk-in center open Monday-Friday 9:00 a.m. to 9:00 p.m. serving Hennepin County residents age 18 and older, centering needs related to mental health and substance use.
- Mental Health Crisis Residence open 24/7 for short-term stays of 3 to 10 days for mental health stabilization.
- Withdrawal Management open 24/7 for short-term stays for those experiencing withdrawal from alcohol and/or drugs.
- Recovery Programs on-site including: Diversion and Recovery Team (DART), Vocational Services Program (VSP), Project Child, and health insurance navigation.
- No one is turned away for their inability to pay; services that are eligible for billing will be billed.
- Website: www.hennepin.us/1800-Chicago

Community Commitments

- The Hennepin County Attorney's Office, with the voluntary participation of families, is often able to obtain court-ordered treatment for those suffering with mental illness and/or chemical dependency who have refused treatment.
- <https://www.hennepinattorney.org/get-help#civil-commitments>

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